



The Parent Network January 2018

Mission: Idaho Parents Unlimited supports, empowers, educates and advocates to enhance the quality of life for Idahoans with disabilities and their families.



... keeping families at the center of children's health care



Registration and location information for all events can be found on our website:

<http://www.ipulidaho.org/> [Click here for a downloadable PDF of this newsletter!](#)

Upcoming Events

***Includes non-IPUL community events**

Idaho Parents Unlimited Free Monthly Statewide Workshop/Webinar Series:

In-Person: Second Wednesday of each month

Webinars: Last Tuesday of each month

Skills for Effective Advocacy and The Power of a Personal Story:

Date: January 10, 2018

Time: 6:00 - 9:00 p.m.

Locations: Boise, Pocatello, and Coeur d'Alene

Visit Idaho Parents Unlimited events calendar for location details and registration at:

<http://ipulidaho.org/events-calendar>

***The Green Apple Project Autism Support Group:**

Date: Second Tuesday of each month

Time: 6:30 - 7:30 p.m.

Location: 1630 23rd Ave, Suite 501, Lewiston, ID 83501

(Free childcare available)

***Safe Infant Sleep Class - Statewide Monthly Classes:**

***Boise**

Date: Second Thursday of each month

Time: 5:30 - 6:15 p.m.

Location: Ada County Paramedics - 370 N. Benjamin Lane Boise, ID 83704

***Caldwell**

Date: Second Thursday of each month

Time: 5:15 - 6:15 p.m.

Location: West Valley Medical Center Indian Creek Room - 1717 Arlington Ave, Caldwell, ID 83605

***Coeur d'Alene**

Date: Third Thursday of each month

Time: 5:30 - 6:30 p.m.

Location: Heritage Health - 1090 West Place Coeur d'Alene, ID 83814

Register at www.inwsids.org - Attendees will receive a Halo Sleep Sack at no charge

***Madison Cares Autism Parenting Support Group:**

Date: Third Thursday of each month

Time: Noon - 1:00 p.m.

Location: Madison Education Center - 60 W Main, Rexburg, ID 83440

Contact Deb Allen 208-359-3300 Ext. 3426

***Pocatello Support Group:**

Date: Second Wednesday of each month

Time: 10:00 - 11:30 a.m.

Location: Amazing Glaze Doughnuts - 215 East Cedar Street, Pocatello, ID 83201

Join the Pocatello Support Group on Facebook for more details:

<https://www.facebook.com/groups/796698450427294/>

***Mom's Like Us - Support Group:**

Date: 1st and 3rd Tuesday of each month

Time: 6:30 - 7:30 p.m.

Location: Kootenai Medical Center MRI Conference Room - 2003 Kootenai Health Way, Coeur d'Alene, ID 83814

Contact Janell Woods at 208-818-3192 for details

***Courageous Kids Climbing:**

Contact Jeff at: JeffRiechmann@cs.com for locations and details

***CDA KROC Center Activities for Individuals with Disabilities:**

Please note page 16 and page 31. Program scholarships are available.

<http://issuu.com/kroccda/docs/kroc-program-guide-fall2017?e=3057940/51820597>

***Winter Social for Teens and Young Adults with Down Syndrome
Ages 14-25 years old.**

There will be dinner, dessert, and fun activities.

Date: January 13, 2018

Time: 6:00 - 8:00 p.m.

Location: Hillcrest High School Cafeteria 2800 Owen Street, Ammon, ID 83406

Register here:

<https://easternidahodownsyndrome.presencehost.net/news-events/winter-social-2017-registration.html>

***Visit your local library for upcoming events in your area:**

North Idaho:

[Coeur d' Alene Public Library](#)

[Bonnars Ferry Public Library](#)

[Post Falls Public Library](#)

[Moscow Public Library](#)

[Lewiston Public Library](#)

[Orofino Public Library](#)

Southwest Idaho:

[Caldwell Public Library](#)

[Emmett City Library](#)

[Nampa Public Library](#)

[Ontario Community Library](#)

[Payette Public Library](#)

[Weiser Public Library](#)

[Boise Public Library](#)

[Meridian Library District](#)

[Mountain Home Public Library](#)

[Twin Falls](#)

[Kimberly Public Library](#)

[Burley Public Library](#)

East Idaho:

[Portneuf District Library](#)

[Marshall Public Library](#)

[Larsen-Sant Library](#)

[Bear Lake County Library](#)

[Idaho Falls Public Library](#)

[Madison Library District](#)

[Fremont District Library](#)

[The Community Library-Ketchum](#)

Parent Training and Information Center - IDEA Part D

Behavior in the School Setting



Many parents who contact Idaho Parents Unlimited have questions about how their child's school addresses challenging behaviors. Behavior can be a tough topic to discuss in general, but it may be especially difficult for those whose children are being suspended, isolated, or restrained in school. Parents and educators all want children to succeed. Learning about the following tools and programs can help you work together to move in a collaborative and productive direction:

- Positive Behavioral Interventions and Supports (PBIS)
- Functional Behavior Assessments (FBA)
- Behavior Intervention Plans (BIP)

PBIS Overview:

- Positive behavioral interventions and supports (PBIS) is a way for schools to encourage good behavior
- With PBIS, kids learn about behavior, just as they learn other subjects like math or science
- The key to PBIS is prevention, not punishment

FBA Overview:

- Defining the inappropriate behavior
- Collecting, comparing and analyzing information
- Hypothesizing reasons for the behavior

BIP Overview:

- Behavior intervention plans can help prevent behavior problems by addressing their cause
- An IEP or 504 plan should include strategies to help the child learn alternative behaviors to help him or her succeed
- Interventions can take many forms, including rewards for good behavior

All of this information, and more can be found at:

<https://www.understood.org/en/learning-attention-issues/treatments-approaches/educational-strategies/pbis-how-schools-support-positive-behavior>

Idaho Parents Unlimited also delivered a webinar on PBIS which can be accessed here: <http://ipulidaho.org/online-training-videos/positive-behavior-interventions-and-supports/view/form>

While FBAs and BIPs are used primarily in the school setting, understanding the principles of PBIS can help you to apply the strategies at home and in the community as well. As a parent led organization, IPUL parent education coordinators are familiar with the challenges that can come with children who are exhibiting behaviors both at home and in school. If you need more information or wish to talk with someone about how to put these tools into action to meet your family's unique needs, give IPUL a call. We are happy to help.

[Family to Family Health Information Center - Idaho Family Voices](#)

[New Medicaid Vendor Chosen for Non-Emergency Medical Transportation](#)



Non-Emergency Medicaid Transportation (NEMT) provides transportation to individuals eligible for Idaho Medicaid who need to get to and from medical appointments.

On October 30, 2017 the Department of Health and Welfare published a press release notifying the public that Veyo, LLC provided notice to the Idaho Division of Purchasing exercising its early termination rights under the contract for Non-Emergency Medicaid Transportation Services managed by the Idaho Department of Health and Welfare.

On December 12, 2017, The Department of Health and Welfare published the following press release with information regarding who the new NEMT provider will be: <https://dhwblog.com/2017/12/12/new-medicaid-vendor-chosen-for-non-emergency-medical-transportation/>

The \$34 million contract with Medical Transportation Management, Inc. (MTM) runs through June 2019, with an option to extend the contract for up to an additional five years. The Centers for Medicare and Medicaid Services released this fact sheet on Medicaid transportation: <https://www.cms.gov/Medicare-Medicaid-Coordination/Fraud-Prevention/Medicaid-Integrity-Education/Downloads/nemt-factsheet.pdf>

Medical Transportation Management, Inc. (MTM) will take over the program March 6, 2018. "The Department of Health and Welfare will work with the existing broker, MTM and stakeholders to ensure a smooth transition for our Idaho Medicaid participants and providers," said Matt Wimmer, administrator of Health and Welfare's Division of Medicaid.

Families can sign up to become their child's NEMT provider to receive mileage reimbursement to and from Medicaid billable appointments. Idaho Parents Unlimited can assist families in navigating this process.

IPUL is also working with the Department and other community stakeholders to facilitate as smooth of a transition as possible between the two providers. Watch our website and Facebook for updated information including possible Town Hall meetings that will be conducted between January and March throughout the state.

Extension of the Children's Health Insurance Program (CHIP)



As many people are aware, CHIP expired on September 30, 2017, and Congress has not taken steps to reauthorize the program. Most states are projecting that they will run out of money to fund the program by the end of January. Idaho is one of those states, and nearly 30,000 children could be affected if CHIP is not reauthorized soon. As of December 22, 2017, Congress included funding for CHIP in a spending bill that was necessary to avoid a government shutdown; however, the amount will only extend the program through March 2018. Many parents and advocacy groups have been calling for Congress to act on this important legislation that affects approximately nine million children nationwide. To learn more about how you can participate in advocacy efforts or to follow the issue, please follow IPUL's Facebook page. You can also send a message to Idaho's congressmen at their offices listed below. Finally, if advocating for this issue or any other issues are important to you, consider attending IPUL's January workshop "Skills for Effective Advocacy and The Power

of a Personal Story." More information about this can be found in the events section of this newsletter and on the IPUL events calendar at www.ipulidaho.org

Opportunity for Parents of Children with Disabilities in Idaho to Advocate at the Federal Level

There are many changes occurring at the federal level right now that may have an impact on children with disabilities and special health care needs. If these issues concern you and you would be interested in providing feedback to our congressional leaders in Washington, please note their contact information below:

Washington DC contact information:

Senator Mike Crapo-

239 Dirksen Senate Office Building
Washington, DC 20510
Phone: (202) 224-6142
Fax: (202) 228-1375
Website: <https://www.crapo.senate.gov/>

Senator James Risch-

483 Russell Senate Office Building
Washington, DC 20510
Phone: 202-224-2752
Fax: 202-224-2573
Website: <http://www.risch.senate.gov/public/>

Representative Raúl Labrador-

1523 Longworth HOB
Washington, DC 20515
Phone: (202) 225-6611
Fax: (202) 225-3029
Website: <https://labrador.house.gov/>

Representative Mike Simpson-

2084 Rayburn House Office Building
Washington, D.C. 20515
Phone: 202-225-5531
Fax: 202-225-8216
Website: <http://simpson.house.gov/>

Please note that each of our US congressman also have offices located throughout Idaho.

Idaho contact information:

Senator Mike Crapo-

Boise:
251 E. Front St., Suite
205
Boise, ID 8372
Phone:(208)334-1776
Fax:(208)334-9044

Coeur d'Alene:
610 Hubbard, Suite 209
Coeur d'Alene, ID 83814
Phone:(208)664-5490
Fax:(208)664-0889

Idaho Falls:
410 Memorial Dr., Suite
204

Senator James Risch-

Boise:
350 N. 9th St., Suite 302
Boise, ID 83702
Phone:(208)342-7985
Fax:(208)343-2458

Coeur d'Alene:
Harbor Plaza
610 Hubbard, Suite 213
Coeur d'Alene, ID 83814
Phone:(208)667-6130
Fax:(208)765-1743

Idaho Falls:
901 Pier View Drive, Suite
202A

Representative Raúl Labrador-

Coeur d'Alene:
1250 Ironwood Drive,
#241
Coeur d'Alene, ID 83814
Phone:(208) 667-0127
Fax:(208) 667-0310

Lewiston:
313 D Street, Suite 107
Lewiston, ID 83501
Phone:(208) 743-1388
Fax:(208) 888-0894

Meridian:
33 E. Broadway Avenue,
Suite 251

Representative Mike Simpson-

Boise:
802 West Bannock, Suite
600,
Boise, ID 83702
Phone:(208)-334-1953
Fax:(208)-334-9533

Idaho Falls:
410 Memorial Drive, Suite
203
Idaho Falls, ID 83402
Phone:(208)-523-6701
Fax:(208)-523-2384

Twin Falls:
1341 Fillmore St. Ste.
#202

Idaho Falls, ID 83402
Phone:(208)522-9779
Fax:(208)529-8367

Idaho Falls, ID 8402
Phone:(208)523-5541
Fax:(208)523-9373

Meridian, ID 83642
Phone:(208) 888-3188
Fax:(208) 888-0894

Twin Falls, ID 83301
Phone:(208)734-7219
Fax:(208)734-7244

Lewiston:
313 'D' St., Suite 105
Lewiston, ID 83501
Phone:(208)743-1492
Fax:(208)743-6484

Lewiston:
313 D. Street, Suite 106
Lewiston, ID 83501
Phone:(208)7430792
Fax:(208)746-7275

Pocatello:
275 S. 5th Ave. #275
Pocatello, ID 83201
Phone:(208)-233-2222
Fax:(208)-233-2095

Pocatello:
275 S. 5th Ave., Suite
225
Pocatello, ID 83201
Phone:(208)236-6775
Fax:(208)236-6935

Pocatello:
275 South 5th Avenue,
Suite 290
Pocatello, ID 83201
Phone:(208)236-6817
Fax:(208)236-6820

Twin Falls:
202 Falls Ave., Suite 2
Twin Falls, ID 83301
Phone:(208)734-2515
Fax:(208)733-0414

Twin Falls:
1411 Falls Avenue East,
Suite 201
Twin Falls, ID 83301
Phone:(208)734-6780
Fax:(208)734-3905

Youth Corner

Graduation Countdown



It is never too early to plan for graduation, and if you are on an IEP your plan may look different than students who are not accessing special education services.

Graduation requirements are the same for all students across the state of Idaho. Some districts may require that seniors complete additional projects but all students are required to achieve a score of proficiency or higher in math, reading, and language usage on the Idaho State

Achievement Test. Students on IEPs may have different methods of meeting these standards, and it is important to understand and have input on what your plan is.

There are three recognized pathways for students who have Individualized Education Programs (IEPs) to meet the standard achievement testing required for graduation. Your IEP team must agree on how this will be accomplished, and it must be approved by the appropriate district representative in order to ensure appropriate plans and preparations. The three options, as defined in the Idaho Special Education Manual, for meeting the testing requirements are:

1. Achieving the proficient or advanced score on the ISAT or ISAT-Alt (for eligible students); or
2. Demonstrating proficiency in the content standards through some other locally established plan; or
3. Having an IEP that outlines alternate requirements for graduation or documents assessment adaptations.

In addition to the standardized testing, there are four other areas that must be discussed and agreed upon by your IEP team in order for you to receive approval for graduation. Those include determining whether you will meet all state and local requirements; deciding what classes you will take in collaboration with the Parent Approved Student Learning Plan (discussed in 8th grade); reviewing annually, identifying and making changes to your course of study if necessary; and deciding on and documenting what accommodations and/or adaptations will need to be made to meet your district's and state's regular graduation requirements.

Students who are not meeting graduation requirements by the end of their senior year may also qualify for a continuation of services through an 18-21 Program.

Secondary education focuses on ensuring that all students are prepared for an independent life after high school. Students should be prepared to make their own choices, advocate for their needs, and contribute to society to the best of their ability. Educators, parents, community members, and especially students themselves, should have high expectations of what can be achieved.

Resources:

The Idaho Special Education Manual - Chapter 7

<http://sde.idaho.gov/sped/files/shared/2016-Special-Education-Manual.pdf>

The Idaho Transition Project - Boise State University

<https://eac.boisestate.edu/idahotransition/parents-and-families/prepare-your-student/>

[VSA Idaho - The State Organization on Art and Disability](#)



This fall, at Capital High School in Boise, students in graphic design and photography classes participated in a printmaking residency themed "high touch meets high tech." This residency was led by teaching artist Amy Nack. Students learned the history of printmaking and discovered how traditional printmaking could be applied and modified utilizing technology to create informational and inspirational posters. Through the residency, students learned how images communicate a message, tell a story, or promote an event. Students collaborated with school clubs to create final designs including homecoming events flyers and "A Guide to Dealing with Teen Stress" posters.

To learn more about IPUL's arts programs please contact


Heather@ipulidaho.org.

For more about VSA International please visit VSA, The National Organization on Arts and Disability:

<http://education.kennedy-center.org//education/vsa/>.



[Idaho Parents Unlimited Monthly Regional Workshop:](#)



IDAHO PARENTS UNLIMITED, INC.
SERVING IDAHO FAMILIES WITH
EXCEPTIONAL CHILDREN SINCE 1985

SKILLS FOR EFFECTIVE ADVOCACY & THE POWER OF A PERSONAL STORY



Parents and Youth

Participants will learn what advocacy means and why it is a necessary tool to ensure quality family-centered care. Participants will also be introduced to the importance of understanding systems and how to advocate for change. This workshop aims to help individuals craft their personal story, specific to a need or issue, that can be used to influence and support system change.

WEDNESDAY, JANUARY 10, 2018

6:00 - 9:00 p.m.

REGISTER:
208-342-5884
PARENTS@IPULIDAHO.ORG
WWW.IPULIDAHO.ORG

BOISE	COEUR D'ALENE	POCATELLO
Idaho Parents Unlimited 4619 Emerald St., Ste. E Boise, ID 83706	Kootenai Health Center 2003 Kootenai Health Way Coeur d'Alene, ID 83814 Inside Cafeteria, Classroom 2	A New Hope 300 North 7th Ave. Pocatello, ID 83706

Skills for Effective Advocacy and The Power of a Personal Story

Parents will understand what "advocacy" means, learn the skills necessary to become an effective advocate, what additional resources they may need and where to go for more information. We can deliver this training for parents,

youth, and individuals with disabilities. Learn what advocacy is, why it is important and why changing systems is important. Parents will learn how to craft an effective personal story tied to an issue, and who can be influenced to make systems changes.

Date: January 10, 2018

Time: 6:00-9:00 p.m.

Statewide Locations:

Boise:

Idaho Parents Unlimited-
4619 Emerald St. Ste E Boise, Idaho 83706

Coeur d'Alene:

Kootenai Health Center-
2003 Kootenai Health Way Coeur d'Alene, Idaho 83814
Inside the cafeteria, classroom 2

Pocatello:

A New Hope-
300 N. 7th Ave. Pocatello, Idaho 83201
Childcare available with advanced notice required

*Scholarships for childcare available upon request statewide

Register:

Link to <http://ipulidaho.org/rsvp-for-monthly-workshops-here>.

Call 208-342-5884 or email parents@ipulidaho.org

Idaho Parents Unlimited, Inc.
Save the Date
Monthly Workshop and Webinar Series
2017-2018

Idaho Parents Unlimited, Inc
Assisting Families of Children with Disabilities
and/or Special Health Care Needs
Serving Idaho Families Since 1985

DAY & TIME

In-Person Workshops -
2nd Wednesday/month
6-9PM

Webinars -
last Tuesday/month
11AM & 9PM (mst)

RSVP

- 208-342-5884
- parents@ipulidaho.org
- www.ipulidaho.org

BOISE ↔
4619 Emerald Ste. E.

↔ **POCATELLO**
A New Hope
300 N. 7th Ave.

COEUR D'ALENE ↔
Kootenai Health Center
2003 Kootenai Health Way
(inside the cafeteria
classroom 2)

Register Early!

SAVE THE DATE

PARENT EDUCATION CALENDAR
Monthly Workshop & Webinar Series

August 2017	Success with the IEP
September 2017	Success with the IEP
October 2017	Bullying Prevention (parents & youth)
November 2017	Parent & Professional Collaboration
December 2017	Stop Spinning Your Wheels - Advocacy & Coordination Skills for Your Child's Special Health Care Needs
January 2018	Skills for Effective Advocacy and The Power of a Personal Story (Parents & Youth)
February 2018	Planning for a Healthy Transition (Parents & Youth)
March 2018	Getting and Keeping the First Job (Youth & Parents)
April 2018	Success with the IEP
May 2018	Positive Behavior Interventions and Supports
June 2018	Families are Important (Early Childhood focus)
July 2018	Support & Resources/ Parent Meet-Up

Plain Text:

January 2018

Skills for Effective Advocacy & the Power of a Personal Story
(Parents & Youth)

February 2018

Planning for a Healthy Transition (Parents & Youth)

March 2018

Getting and Keeping the First Job (Parents & Youth)

April 2018

Success with the IEP

May 2018

Positive Behavior Interventions and Supports

June 2018

Families are Important (Early Childhood Focus)

July 2018

Support & Resources/ Parent Meet-Up

Date:

In Person Workshops - Second Wednesday of each month

Webinars- Last Tuesday of each month

Time:

In Person Workshops- 6-9 p.m. in all locations

Webinars- 11 a.m. and 9 p.m. Mountain Standard Time

Locations:

Boise:

4619 E. Emerald Street, Suite E

Boise, Idaho 83642

Pocatello:

A New Hope

300 N. 7 th Avenue

Pocatello, Idaho 83201

Coeur d'Alene:

Kootenai Health Center

Inside the cafeteria, classroom 2

2003 Kootenai Health Way

Coeur d'Alene, Idaho 83814

Registration:

Call - 208-342-5884

Email - parents@ipulidaho.org

Link to online registration - <http://ipulidaho.org/rsvp-for-monthly-workshops-here>

IPUL Staff



Angela Lindig, Executive Director
Jennifer Zielinski, Program/Parent Education Coordinator
Amy Ireland, North Parent Education Coordinator
Brandi Shaffer, East Parent Education Coordinator
Sarah Tueller, Southwest Parent Education Coordinator
Heather Kirk Skinner, Statewide Arts Education Coordinator
Rosario Beagarie, Bilingual Parent Education Coordinator
Candace Garman, Bookkeeper
Bill Nuttycombe, IT Specialist

IPUL Board-

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Darci Graves

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Becky Novak

Southwest:

James Turner
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Dallas Gudgell
Robert Rhodes

East: Jared White

Join the IPUL Board of Directors! <http://www.ipulidaho.org>

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IPUL's parent education programming is always free to families. Consider making a tax-deductible contribution to assist us in assisting families who are raising exceptional children in Idaho. If making a cash contribution is out of reach right now, you can still help by making Idaho Parents Unlimited your charity of choice when shopping at Amazon.com or Fred Meyer thanks to their fantastic giving programs:

Donate Here

