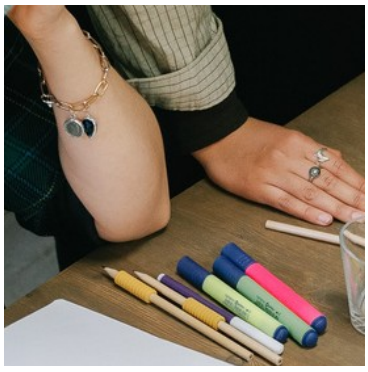
Idaho Parents Unlimited

Annual Report

Idaho Parents Unlimited's 2025 impact: This report highlights expanded programs, statewide access to training and support, and measurable outcomes for families, youth, and professionals across Idaho.











Our 2025

In 2025, Idaho Parents Unlimited continued to strengthen its role as a trusted, statewide resource for families, youth, and professionals navigating disability, education, health care, and transition systems. As demand for support continued to grow, IPUL expanded access to foundational education, deepened youth and family engagement, and assumed new leadership responsibilities that further elevated parent and youth voice across Idaho.



Throughout the year, IPUL remained committed to meeting families where they are. Geographically, emotionally, and systemically. From launching quarterly statewide **IEP 101** classes to becoming the new contract holder for **Youth Empowerment Services (YES)**, 2025 marked a year of intentional growth, increased accessibility, and continued systems-level impact.

Guided by lived experience and grounded in collaboration, IPUL's work in 2025 reflects the resilience of Idaho families and the power of informed, empowered parent and youth voices working alongside partners to improve outcomes statewide.

IPUL
By the NUMBERS

Through

1,972

individual conversations and requests, IPUL supported families with information, guidance, and encouragement.

IPUL connected with professionals

769

times providing guidance, resources, and collaboration to better support families and youth.

IPUL staff participated in

447

meetings at the local, state, and federal levels to strengthen collaboration and improve systems serving families and youth.

Through in-person, virtual, and self-guided options, IPUL trained

559

parents & professionals, providing strategies to support children and youth with disabilities.



Continued Growth in Education & Outreach

IPUL continued developing the *Unlimited Parenting* podcast, fostering parent-centered, conversational discussions on lived experiences, advocacy, and navigating complex systems.

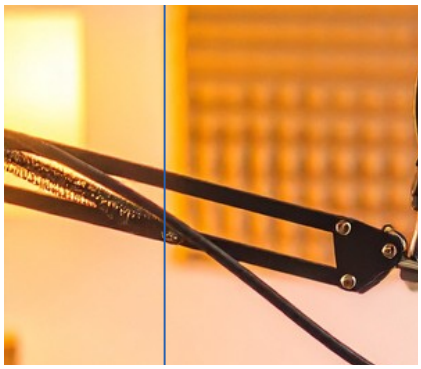
We also expanded access to learning through virtual platforms and self-guided training modules, currently being translated into Spanish, reducing geographic and time barriers to ensure Idaho families can receive the knowledge and support they need.

Our Work of Art Wednesday students also dabbled in podcast production, partnering with LINC to produce *A Little Birdie Told Me*.

Podcasts remained a consistent, accessible statewide resource for families who cannot attend live trainings.



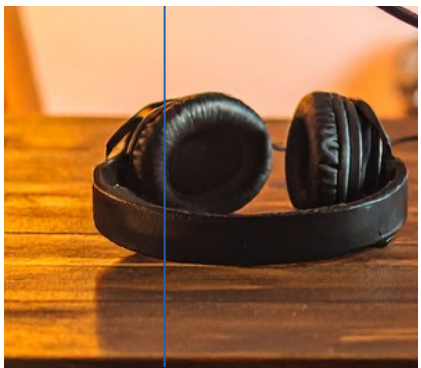






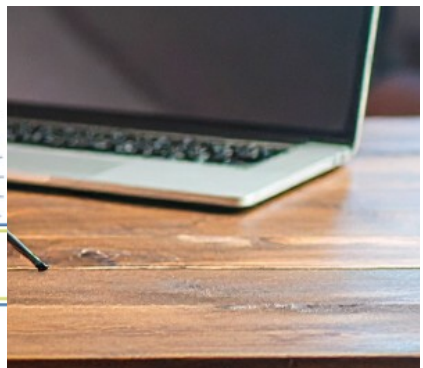


Ongoing use of virtual platforms and recorded content to reduce geographic and time barriers for Idaho families.



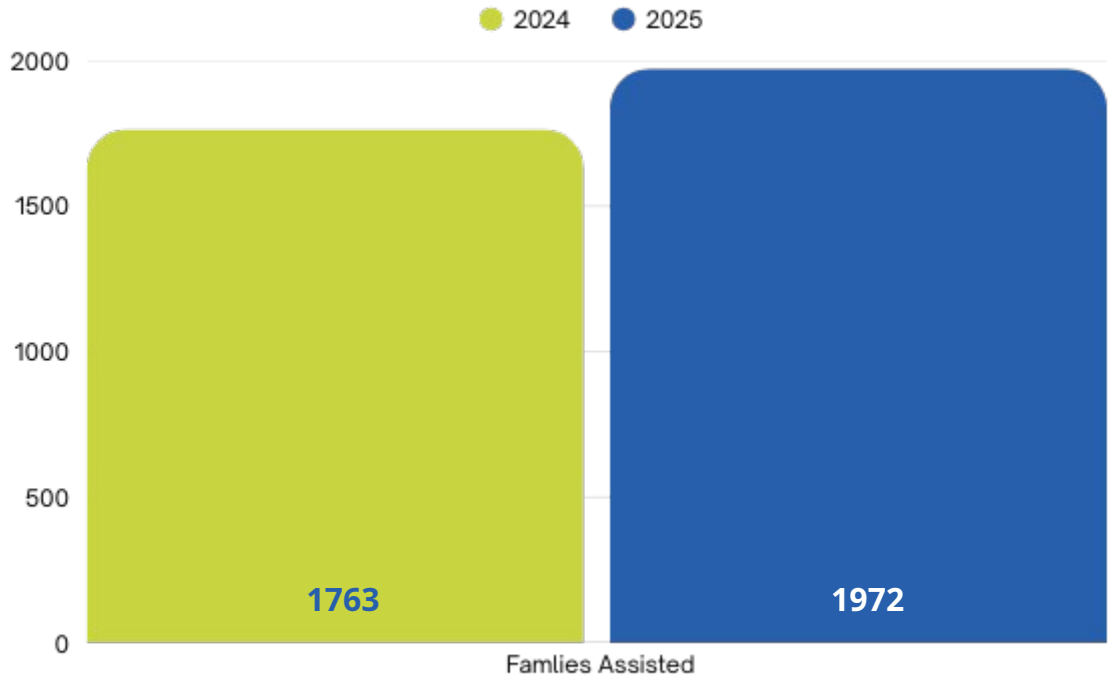
Students also explored podcast production, gaining hands-on experience in storytelling, recording, and editing

Idaho Youth Unlimited
Empower + Unite + Support



IPUL's Reach

In 2025, more families across Idaho turned to IPUL for one-on-one support, reflecting a growing need for personalized guidance and continued trust in our services. This meaningful growth highlights the critical role individualized assistance plays as families navigate education, health, and transition systems, and underscores IPUL's expanding reach and capacity to provide timely, trusted help to those who need it most.



Growth in Support

11%





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Families who participated in our trainings reported increased knowledge and confidence, empowering them to navigate education, health, and transition systems more effectively. Post-training surveys highlight how our programs provide practical guidance and support, helping families take meaningful action for their children's success.



Our Programs: 2025 Highlights

IPUL EDUCATION:

Parent Training & Information Center (PTI)

In 2025, Idaho Parents Unlimited continued to deliver statewide parent and professional trainings focused on IDEA, IEPs, advocacy, collaboration, and transition, ensuring families across Idaho had access to accurate information and practical tools regardless of district or geography. Quarterly IEP 101 classes were launched to create consistent, foundational knowledge for families navigating special education for the first time, while self-guided learning opportunities expanded access for families balancing work, caregiving, and rural distance.

IPUL also strengthened its **Parent LINK** mentoring model, aligning one-on-one parent-to-parent support with identified needs for earlier engagement, family empowerment, and meaningful partnership in education. By pairing families with trained parent mentors who have lived experience navigating the special education system, Parent LINK provided individualized guidance, encouragement, and practical support at critical decision points. We look forward to expanding this model in 2026. This approach directly responded to the call from Idaho's Superintendent of Public Instruction to strengthen family engagement and improve collaboration between schools and families as a strategy for better student outcomes in Special Education.

RSA TRANSITION TO ADULTHOOD

In 2025, Idaho Parents Unlimited continued to deliver RSA-funded **Transition to Adulthood** services, supporting youth and young adults as they prepared for life after high school. This work focused on building practical knowledge and skills related to employment, postsecondary education, independent living, and meaningful community participation. Through education, individualized guidance, and transition-focused training opportunities, IPUL helped youth and families better understand available options and next steps during a critical period of change.

Person-centered planning approaches were integrated throughout this work, including the use of Charting the LifeCourse concepts to support goal setting and future planning that reflect each young person's strengths, interests, and aspirations. By centering youth voice and family involvement, RSA Transition to Adulthood services strengthened readiness for adult life and promoted greater confidence in navigating systems beyond high school.



IPUL HEALTH:

Family Voices & Family-to-Family Health Information Center

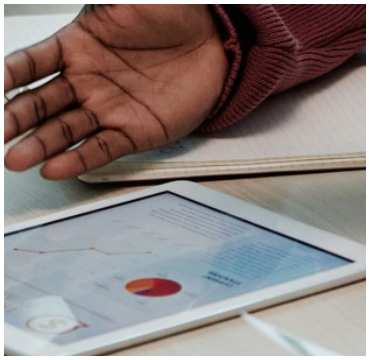
In 2025, Idaho Parents Unlimited continued to provide individualized assistance to families navigating complex health care systems, including insurance, Medicaid, and care coordination. Through one-on-one support and trusted information, families were better able to understand their options, ask informed questions, and make decisions aligned with their children's needs. IPUL maintained its role as Idaho's **Family Voices** affiliate and **Family-to-Family Health Information Center**, ensuring families had access to credible, family-driven health information and peer-informed support.

This work also emphasized cross-program collaboration, recognizing that families often experience overlapping education and health care challenges. By coordinating support across IPUL's education and transition programs, families received more comprehensive assistance that reflected the full scope of their needs.

YOUTH EMPOWERMENT SERVICES (YES)

We are especially excited that IPUL is now the statewide contractor for advocacy and education related to the YES System of Care (Children's Behavioral Health). Beginning as soon as this month, our program staff will work together to create monthly statewide social connection opportunities for youth with mental health diagnoses, while continuing to support families and professionals navigating children's behavioral health systems.

680+ hours of arts education





IPUL ARTS

In 2025, **IPUL Arts** continued to create , welcoming creative spaces where youth with disabilities could build confidence, connection, and self-expression through the arts. Across all arts programming, IPUL engaged 105 youth statewide through a combination of art residencies and Work of Art (WOA) activities. IPUL facilitated several statewide art residencies, serving 85 youth and providing more than 680 hours of arts education. These residencies emphasized process over product, using art as a vehicle for relationship-building, shared experience, communication, and youth voice, while also supporting social interaction and independence.

While funding challenges required adjustments to the Work of Art (WOA) program, IPUL remained committed to bringing youth together in meaningful and skill-building ways. In 2025, 20 WOA participants received a cumulative 400+ hours of employment skills training, with art used as a practical and engaging method to promote conversation, collaboration, and independent skill development. Through both residencies and adapted WOA programming, IPUL Arts reinforced the power of creative engagement to foster growth, belonging, and self-advocacy for youth with disabilities across Idaho.

Systems Engagement & Statewide Partnerships

In 2025, Idaho Parents Unlimited continued to operate as a small but highly effective team of 10 while expanding program reach, deepening partnerships, and maintaining a strong presence across Idaho's education, health, disability, and transition systems. IPUL staff actively serve on committees and collaborate with agencies, organizations, and family-led groups to ensure that parent and youth voice is represented wherever decisions are made. These partnerships strengthen cross-system coordination, inform policy and practice, and enhance IPUL's ability to provide timely, relevant, and family-centered support across the state.

IPUL staff serve on the following committees and councils to ensure families are represented at every table across Idaho's education, health, disability, and transition systems:

- **Idaho Council on Developmental Disabilities (ICDD)**
- **The Consortium for Idahoans with Disabilities (CID)**
- **Idaho Infant Toddler Coordinating Council (ITCC)**
- **Special Education Advisory Panel (SEAP)**
- **Idaho State Independent Living Council**
- **Secondary Transition Committee**
- **Community Advisory Council (CAC)**
- **State Rehabilitation Council (SRC)**
- **School-Based Medicaid Committee**
- **Beneficiary Advisory Committee (BAC)**
- **Medicaid Advisory Committee (MAC)**
- **Six Local Interagency Leadership Teams (LILTs)**
- **Family Advocates Meeting (FAM)**
- **Interagency Governance Team (IGT)**
- **Magellan Family Advisory Council (MFAC)**





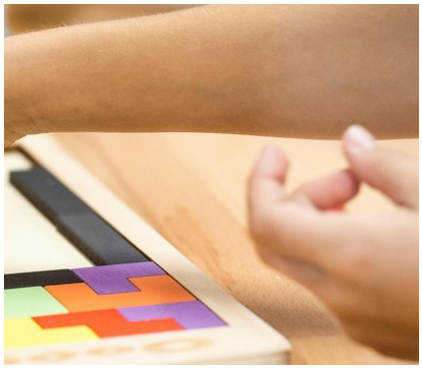
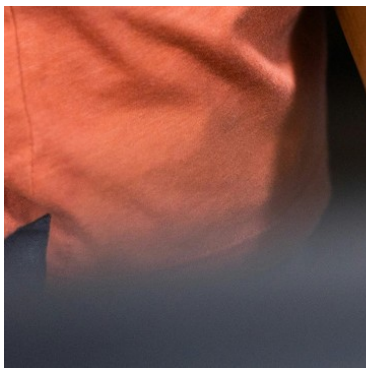






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Looking Ahead...

As 2025 comes to a close, Idaho Parents Unlimited reflects on a year defined by growth, responsibility, and deepened impact. From expanding access to foundational education to stepping into statewide leadership for Youth Empowerment Services, IPUL remained steadfast in its commitment to families, youth, and inclusive systems.

The stories, questions, and resilience of Idaho families continue to guide our work. Each training delivered, conversation held, and partnership strengthened reinforces the belief that informed and empowered families are essential to meaningful, lasting change.

Looking ahead, IPUL remains committed to continuous improvement, collaboration, and responsiveness to the evolving needs of our community. Together with families, partners, and stakeholders, we will continue to build an Idaho where children, youth, and individuals with disabilities have opportunities to learn, grow, and participate in their communities.